

Try Oil Painting – Just Bring Yourself Workshop

Optional Supplies Not Provided:

Bring a hat!!

This will really help reduce glare and eyestrain from overhead lights and windows.

Any white paper (or a small sketching pad) and a 2B pencil would be helpful to make a preliminary drawing, although not essential.

You may want to bring a notebook, laptop, or whatever you prefer to use for taking notes.

That is all you need to bring!!

The Instructor will provide all the following, or you can bring your own:

Palette

Painting Knife (“palette knife”)

Medium cups

Jar to hold mineral spirits to rinse brushes

Brushes – Bristle #2, 4, and 6 (flat) (Robert Simmons Signet) – these are the “work horses”

A soft round brush (#2) (Robert Simmons Sapphire) – for details

A soft flat brush (#1 or #2) (Rosemary) – for details and softening “edges” between colors

Odorless mineral spirits (Gamsol)

Medium (linseed oil)

Paper towels

A 9x12 painting panel:

Centurion Deluxe Linen oil-primed panels. These are great to learn on, although not “archival”.

(They are often on “supersale” at Jerry’s Artarama.)

Oil paint provided for this workshop:

1. Titanium White
2. Cadmium Yellow Light
3. Yellow Ochre
4. Raw Umber
5. Transparent Oxide Red
6. Cadmium Red Medium
7. Permanent Alizarin
8. Ultramarine Blue Deep (not “French”)
9. Viridian

Comments on Oil Paint:

ALWAYS buy “artist grade” – student grade is just the same pigment diluted with filler that will impede your progress and not save you much money because you will use more.

The above nine colors will get you going. (Please note that this is the instructor’s list. Most lists will be similar, but every artist has their favorites.)

More colors will not necessarily help, and can lead to less “color harmony”.

Here are the next colors to consider adding:

10. Cadmium Yellow Medium
11. Cadmium Red Light

Extra optional useful colors:

12. Cobalt blue light
13. Permanent violet medium
14. Cadmium Orange
15. Ivory black

Some prefer Thalo Blue over Ultramarine Blue and Thalo Green over Veridian
(They cost a bit less but their intensity can easily overwhelm a painting!)

Comments on Painting Surfaces:

There are lots of choices, but, in general:

A smoother surface will make your life easier!

Oil-primed surfaces are preferable

– and they are a joy to use!

****DIY – If you only have acrylic-primed panels or stretched canvas, sand them to remove some of the roughness, then apply a nice thick coat of either white or a mid-tone color oil paint. Be sure to use a fast-drying medium for this priming coat, such as Galkyd Lite, and/or a fast-drying white (Gamblin has a nice product). Allow a week for this to dry before using.